



Press Release- #10-05

TSX-V: GAX

Date: February 25, 2010

DRILLING TO START ON MONTROSE GOLD

Ottawa, ON - Galahad Metals Inc (TSXV - **GAX**) is pleased to report that the Company has signed a drill contract with CABO Drilling Ontario Corp. to test geochemical and geophysical targets on its wholly owned Montrose Lease. All permits have been received and drilling is expected to commence March 1, 2010. Eight, highly rated geophysical I.P. targets have been selected for an initial Phase 1 program of about 800 meters.

Mr. Robin Dow reports “*we apologize to our patient shareholders for the delay in drilling but access to the claims could not be obtained due to the warm weather. GAX just completed building an approved ice-bridge and GAX is ready finally to add significant value for our shareholders. Our technical management team is excited about the possibility of discovery.*” Results will be reported upon receipt of assays.”

In July, 2009 the Company announced that it had completed prospecting of I.P. targets but attempts to gain access to drill was hampered by summer flooding of a stream crossing. These permitting issues are now resolved, an ice-bridge constructed and the Company is ready to proceed.

The Montrose Project located in the Matachewan area south west of Kirkland Lake, consists of one Lease straddling a splay fault off the prolifically mineralized Larder Lake – Cadillac Break. The Matachewan area has a long mining history which has been renewed by development of the Young Davidson Mine by Northgate Minerals Corp. Northgate Minerals reports a total of 2.758 million ounces of contained gold in the proven and probable category.

Previous exploration on and adjacent to the Lease has identified a significant zone of shearing, alteration and mineralization in trenches and drill holes. A zone several hundred meters wide is characterized by “*carbonate altered green mica schists*” and is associated with zones of silicification, quartz stringers and sulphides. Galahad will test zones of strong conductivity for potential open-pittable, as well as high-grade, mineralization. Historically, wide sections of gold mineralization have been identified in trenches (3.8 g/t gold over 13.6 meters), and in drill hole intersects with 13.6 and 8.6 meters of 1.5 to 4.6 g/t gold. Past drilling (1975) also reported a best assay of 10.6 g/t gold over 3.0 meters suggesting that high-grade targets may also exist within the property boundary.

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Paul Pitman, P.Ge, is the Qualified Person as defined by National Instrument 43-101 for the Montrose Project, has approved the contents of this release, and will be supervising the drill program.

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